

### **How to start this in-house Special Olympics activity:**

- STEP 1:** Complete the Get Into Our Game Program Registration Form.
- STEP 2:** Register your participants by completing the Get Into Our Game Roster Form
- STEP 3:** Register your instructors by completing the Get Into Our Game Coach Roster Form.
- STEP 4:** **(Optional)** - Send home the Application for Participation Form. The form requires a parent/guardian signature and a sports physical to be completed by a physician. Note: a school physician or qualified nurse could do the physical during the school day.
- STEP 5:** Once you have obtained and completed all three forms (Program Registration Form, G.I.O.G. Roster Form, and G.I.O.G. Coach Roster Form) you will send them to Special Olympics New Jersey, Attention Schools Outreach Manager, 3 Princess Road, Lawrenceville, N.J. 08648 and receive your *free* Get Into Our Game program material.
- You will receive the following: soccer balls, basketballs, softballs, cones/markers, posters, stickers, dry erase marker, clipboards, stopwatches, equipment bags, t-shirts for your students and instructors, and the comprehensive sports skills curriculum to provide this program. The curriculum includes sports skills training, adaptive activities, strategies for inclusion, wheelchair modifications and a nutrition section. You may then use the Get Into Our Game program wherever you choose to implement it in your existing program.
- STEP 6:** Create one, two, three, or multiple in-house culminating activities for your students to participate in. These events should be during the school day. A Special Olympics New Jersey staff member will be available as a resource if needed.
- Suggestions for Soccer:** Individual Skill Contests; 2 vs. 2, 3 vs. 3, or 5 vs. 5 tournaments; Unified 2 vs. 2, 3 vs. 3, or 5 vs. 5 tournaments; or any other you can think of!

**Suggestions for Basketball:** Individual Skill Contests; 2 vs. 2 or 3 vs. 3 tournaments; Unified 2 vs. 2 or 3 vs. 3 tournaments; full teams ½ court tournaments; or any other fun activity you can think of!

**Suggestions for Track & Field:** Individual Skills Contests; various races, relays, or Unified races/relays; or any field events.

**NOTE: The term “Unified” refers to individuals with and without disabilities competing together. If you have an inclusion class program the Unified Partners may fill out a separate form to participate. They DO NOT fill out an Athlete Participation Form.**

**STEP 7:** More possibilities in Special Olympics:

**Option 1:** Set up a larger event (tournament, competition, field day, etc.) featuring the entire school population and/or other schools in the community running the in-house Get Into Our Game program. A Special Olympics New Jersey staff member can provide resource assistance to help you facilitate this kind of event if you are interested.

**Option 2:** Call the Special Olympics New Jersey office and register for the “How to Become a Special Olympics Coach” course. (This course counts towards your professional education credits.)

**Option 3:** Even if you are not interested in taking these ambitious next steps all of your registered athletes have the ability to identify and participate on existing Local Training Programs that are in training for competition throughout the state. Registered athletes can transition from in-house programs to a competing Local Training Program in the community. Please call S.O.N.J. to identify Local Training Programs in your athlete’s area which that athlete can contact for training and competition opportunities!

**To obtain the registration packet for the Get Into Our Game program, or if you have any questions, please contact Don Edwards, Schools Outreach Manager, at the Special Olympics New Jersey office at (609) 896-8000, ext. 242.**