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Preparations for Lincoln Tunnel Run Are Racing Along
April Event Benefits Athletes of Special Olympics New Jersey

Weehawken, NJ — An underwater race from New Jersey to New York City and back ... that's the challenge runners will face in the 23rd Lincoln Tunnel Challenge 5K Fun Run/Walk for Special Olympics New Jersey scheduled for April 26th. The Lincoln Tunnel Challenge is presented by AmeriHealth New Jersey; hosted by the Port Authority NY/NJ, and sponsored by the Law Enforcement Torch Run for Special Olympics New Jersey.

The only USATF certified 5K tunnel race in the country, the Lincoln Tunnel Challenge begins at the south tube of the tunnel in Weehawken, and continues to NYC and back.

This year's run will introduce two starting times for runners of all abilities. Runners with 5K finish times of under 25 minutes will start at 8:45 a.m.; all other participants will start at 9:15 a.m.

Once again this year WCBS Newsradio 880's Tom Kaminski will emcee the event.

A free shuttle bus will transport runners from NY's 41st Street between 8th & 9th avenues (at whale mural) to the race start on the following schedule: from NY: 7, 7:30 & 8:30 a.m., returning trips to NY begin at 10 a.m. Free parking is available at the NJ Transit Bus parking lot adjacent to the Lincoln Tunnel Administration Building, 500 Boulevard East, Weehawken, NJ. Category prizes will be awarded.

Interested participants can register on line at www.lincolntunnelchallenge.sonj.org or on site beginning at 6:30 a.m. The Lincoln Tunnel Challenge is a rain or shine event.

For information on this event email LTC@sonj.org or call 609.896.8000. Visit www.sonj.org for additional information on competition, events, volunteering, or support for Special Olympics New Jersey.

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Special Olympics New Jersey provides year-round sports training and Olympic-type competition in 24 sports for more than 18,000 children and adults with intellectual disabilities or other closely related developmental disabilities.

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