



Special Olympics
New Jersey

Cross-Country Skiing & Snowshoeing On-Snow Training for Coaches & Athletes

WHERE:

High Point Cross Country Ski Center
High Point, NJ
(Visit www.xskihighpoint.com for directions)

WHEN:

Wednesdays
January 6, 13, 20th
Saturday, January 16th

TIME:

9 a.m. to 4 p.m. Wednesdays
9:00 a.m. to noon Saturday

PURPOSE:

With the help of High Point instructors, you and your cross country and snowshoeing athletes will get the much needed on-snow practice.

REGISTER:

You **MUST** reserve your spot each week. Please call or e-mail Gene Swanhart at (609) 896-8000, ext. 273 OR EFS@sonj.org to let him know how many athletes and coaches, and which weeks you will be attending.



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