



**Special Olympics**  
*New Jersey*

## PRESS RELEASE

Contact:  
Doreen Pustizzi  
Senior Director, Communications  
609-896-8000 ext. 274,  
dlp@sonj.org

FOR IMMEDIATE RELEASE  
February 23, 2010

### **CAN DO Fitness Clubs Host Spin-A-Thon for Special Olympics New Jersey in Three Locations**

*Top fundraisers will be eligible for class with Master Instructor Josh Taylor.*

LAWRENCEVILLE, NJ – CAN DO Fitness Clubs will be hosting a series of spin-a-thons benefitting the athletes of Special Olympics New Jersey. The Inspirational Ride Spin-A-Thon takes place at three CAN DO Fitness Club locations on March 13 and 14.

Participants, who do not have to be members of the club, can take part at CAN DO Fitness Club of Edgewater or Short Hills on Saturday, March 13, or Princeton on Sunday, March 14. There is a \$100 minimum donation to spin, but spinners are encouraged to use online fundraising tools to reach out to supporters.

Spinning master instructor Josh Taylor will instruct a class of top fundraisers at each club. The top 50 fundraisers overall will also be invited to a private reception with Taylor. Participants who are not current members of CAN DO Fitness Clubs will receive a certificate for a FREE two-week membership to the club.

To sign up for the Inspirational Ride Spin-A-Thon, visit [www.sonj.org](http://www.sonj.org), call (609) 896-8000, or visit the nearest CAN DO Fitness Club location.

-30-

***ABOUT SONJ: Special Olympics New Jersey provides year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.***