

special olympics **young athlete** program

**Group Program
SONJ Lawrenceville
Sports Skills Activities
for**

**Future Special Olympics Athletes
Ages 2 1/2 - 7**

The innovative Special Olympics Young Athlete Program offers a group program for eight weeks for three seasons: Fall (8 weeks - afternoons), Winter (8 weeks - mornings) and Spring (8 weeks - mornings). All sessions are held at the SONJ Sports Complex in Lawrenceville.

The Young Athlete Program was created in consultation with the University of Medicine and Dentistry of New Jersey, to meet the physical and developmental needs of children with intellectual disabilities, ages 2 1/2 to 7, in the areas of physical activity and play, with an emphasis on sports skill development.

The activities presented in the program are designed to develop the fundamental prerequisite skills to prepare athletes for future participation in sports. Open to all YAP participants. To sign up, just email your child's name and YAP session(s) you would like to sportsinfo@sonj.org.

Young Athletes Program - Group Activities

Location

**Special Olympics New Jersey
Eunice Kennedy Shriver Sports Complex**
3 Princess Road, Lawrenceville, NJ

Fall 2010 - 8 week Schedule Saturday Afternoon Program

1:30 PM – 2:15 PM

Dates

September 18, 25
October 2, 9* (wellness carnival), **16, 23, 30**
November 6

Winter 2011 - 8 week Schedule

Saturday Morning Program

10:00 AM – 10:45 AM

Dates (tentative)

January 8, 15, 22, 29
February 5, 12, 26 & March 5

Spring 2011 - 8 week Schedule

(Mornings - Dates will be announced in November)



*Events are Free of Charge
All participants must
participate with a parent or
caregiver and be registered for the
Young Athletes Program.
Athletic shoes are required.
Siblings are welcomed.*



Special Olympics
New Jersey

