



YOGA TIME!

STARTING SEPTEMBER 16TH at 6:30PM

Special Olympics New Jersey is offering an eight week program for athletes and unified partners in Yoga on **Thursday** evenings. Join Instructor Elizabeth Donahue on the journey toward peace of mind and soundness of body.

Participants should bring a mat or a towel and be committed to the eight week program. **All participants must register** with Gene Swanhart at 609-896-8000 or efs@sonj.org, prior to the start date.

