

Special Offer for Diympics New Jersey









INCLUDED IN CENTER MEMBERSHIP:

- State-of-the-art cardiovascular, strength and free weight equipment.
- Group Fitness classes: Yoga, Cycle, Zumba®, Pilates, Barre, T'ai Chi, Les Mills™ and more.
- Personal trainer evaluations, including functional movement screen (FMS) and personalized training program every six to eight weeks.
- Nurse assessments, including blood pressure, body weight and body fat tracking, every 12 weeks serve as key progress indicators on your journey to a healthier lifestyle.
- Comprehensive aquatics center featuring lap, spa and therapy pools.
- Full-amenity luxurious locker rooms with sauna and steam room.
- Complimentary childcare with closedcircuit monitoring.
- Healthy cooking demos & other programs guided by our Medical Advisory Board.
- All memberships are month-to-month.*



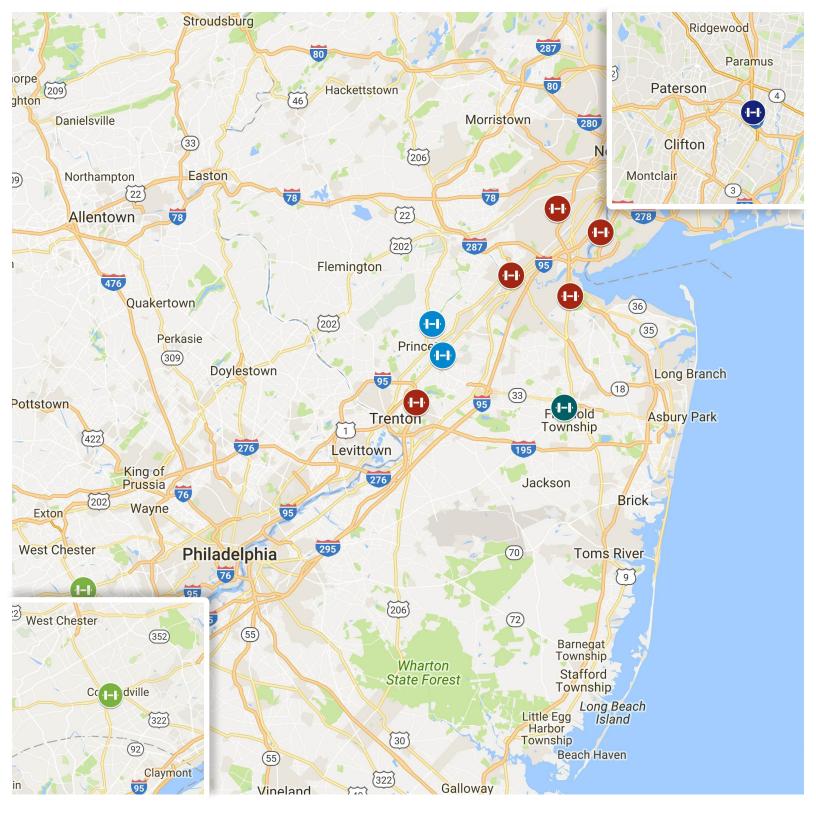
DISCOUNTED RATE FOR SPECIAL OLYMPIC ATHLETES ONLY \$50 A MONTH!*

Deeply discounted rates available for family members.

Let's be healthy together.

*Some restrictions apply. Must show Special Olympics Athlete ID.

Five Great RWJ Locations!



RWJ Fitness &Wellness Center

1044 US Highway 9, Parlin, NJ 08859 732.525.2900 rwjfitnesswellness.com

RWJ Fitness & Wellness Center

100 Kirkpatrick Street, Suite 201, New Brunswick, NJ 08901 732.873.1222 rwjfitnesswellness.com

RWJ Fitness & Wellness Center

3100 Quakerbridge Road, Mercerville, NJ 08619 609.584.7600 rwjhamiltonwellness.com

RWJ Rahway Fitness & Wellness Center

2120 Lamberts Mill Road, Scotch Plains, NJ 07076 908.232.6100 rwjrahwayfitness.com

RWJ Rahway Fitness & Wellness Center at Carteret

60 Cooke Avenue, Carteret, NJ 07008 732.525.2900 rwjfitnesscarteret.com

Princeton Fitness & Wellness Center

1225 State Road, Princeton, NJ 08540 609.683.7888 princetonfitnessandwellness.com

Princeton Fitness & Wellness Center at Plainsboro

7 Plainsboro Road, Plainsboro, NJ 08536 609.799.7777 princetonfitnessandwellness.com

CentraState Fitness & Wellness Center

901 W. Main Street, Freehold, NJ 07728 732.845.9400 centrastatefitness.com

HackensackUMC Fitness & Wellness Powered by the Giants

87 Route 17 North, Maywood, NJ 07607 201.843.4422 HackensackUMCfitnessNYG.com

Main Line Health Fitness & Wellness Center

1020 Baltimore Pike, Suite #150, Glen Mills, PA 19342 484.227.7999 mainlinehealthfitnessandwellness.com