

2019-2020

Competition and Fundraising Events
Calendar



This calendar includes Special Olympics New Jersey area, league, sectional and state competitions for 2019-2020.

Dates and locations are accurate as of August 2019 and are subject to change.
As more dates are confirmed, this calendar will be reprinted.

Please check www.sonj.org/events/ for the most up to date information.



For competition cancellation information, call the sports info hotline at (609) 482-2288 or visit www.sonj.org.

Special Olympics New Jersey Programs by Area

Area 1 - Hudson County

Area 2 - Passaic County

Area 3 - Morris, Sussex & Warren Counties

Area 4 - Hunterdon County

Area 5 - Middlesex & Union Counties

Area 6 - Monmouth & Ocean Counties

Area 7 - Camden, Gloucester & Salem Counties

Area 8 - Atlantic, Cape May & Cumberland Counties

Area 9 - Essex County

Area 10 - Somerset County

Area 11 - Mercer County

Area 12 - Bergen County

Area 13 - Burlington County

Special Olympics New Jersey Mission

To provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.



Competitions

FALL 2019 SPORTS

Soccer League (Saturdays)	9/7 – 10/12	Various locations
Flag Football League (Sundays)	9/8 – 10/13	SONJ Complex, Lawrenceville, NJ
North & South Cycling Sectional	9/21	Skillman Park, Montgomery, NJ
North Golf Sectional	9/21	Plainfield West 9, Edison, NJ
South Golf Sectional	9/22	Latona Golf Course, Buena, NJ
Central Golf Sectional	9/28	Greenbriar Golf Club at Whittingham, Monroe Township, NJ
Level 1 Golf Sectional	10/12	Fiddler's Elbow, Bedminster, NJ
Soccer Sectionals	10/19 – 10/20	Various locations
Fall Games: Equestrian	10/19	Horse Park of NJ, Allentown, NJ
Fall Games: Soccer/Flag Football	10/26	Mercer County Park, West Windsor, NJ
Fall Games: Golf	10/26	Mountain View Golf Course, Ewing, NJ
Fall Games: Cycling	10/26	Skillman Park, Montgomery, NJ
Unified Cup Soccer	10/27	Mercer County Park, West Windsor, NJ

WINTER 2019-2020 SPORTS

Floor Hockey League (Saturdays) Volleyball League (Saturdays) Winter Games: Floor Hockey Winter Games: Volleyball Winter Games: Figure Skating Winter Games: Alpine Winter Games: Cross-Country/Snowshoeing	11/2 - 12/14 11/2 - 12/14 1/4 - 1/5 1/4 - 1/5 2/2 2/3 - 2/4 2/3 - 2/4	Burlington City High School, Burlington, NJ SONJ Complex, Lawrenceville, NJ (11/23 & 12/7 - alt. sites) Stockton University, Galloway, NJ Galloway Township Middle School, Galloway, NJ Codey Arena, West Orange, NJ Mountin Creek, Vernon, NJ National Winter Activity Center, Vernon, NJ
Winter Games: Speed Skating	2/4	Skylands Ice World, Stockholm, NJ









Competitions

SPRING 2020 SPORTS

Basketball League (Sundays)	1/19 – 3/8	Various locations
Bowling Area 1	TBD	Hudson Bayonne Lanes, Jersey City, NJ
Bowling Area 2	TBD T-Bowl Lanes, Wayne, NJ	
Bowling Area 3	TBD	Hanover Lanes, East Hanover, NJ
Bowling Area 4	TBD	Warren Lanes, Phillipsburg, NJ
Bowling Area 5	1/26	Bowlero Lanes, North Brunswick, NJ
Bowling Area 6	TBD	Ocean Lanes, Lakewood, NJ
Bowling Area 7	1/25 – 1/26	Westbrook Lanes, Brooklawn, NJ
Bowling Area 8	2/7 – 2/8	Kingpin Lanes, Egg Harbor Township, NJ
Bowling Area 9	TBD	Brunswick Zone Belleville Lanes, Belleville, NJ
Bowling Area 10	1/18	Bowlmor Lanes, Green Brook, NJ
Bowling Area 11	2/9	Curtis Lanes, Ewing, NJ
Bowling Area 12	TBD	Bowl-O-Drome, North Arlington, NJ
Bowling Area 13	TBD	Laurel Lanes, Maple Shade, NJ
Bowling - North - Sectional	2/29	Hudson Lanes, Jersey City, NJ
Bowling - Central - Sectional	2/22	Strathmore Lanes, Matawan, NJ
Bowling - South - Sectional	TBD	TBD
Unified Cup Bowling	3/8	Bowlero, North Brunswick, NJ
Basketball - North - Sectional	3/14 – 3/15	College of St. Elizabeth/FDU
Basketball - Central - Sectional	3/14 – 3/15	SONJ Sports Complex/Notre Dame HS/The Lawrence School
Basketball - South - Sectional	3/14 – 3/15	RiverWinds/GCIT
Basketball - East - Sectional	3/14 – 3/15	Carl Sandburg Middle School, Old Bridge, NJ
Spring Games: Bowling	3/21 – 3/22	Bowlero, North Brunswick, NJ
Spring Games: Basketball	3/28 – 3/29	Wildwood Convention Center, Wildwood, NJ
Unified Cup Basketball	TBD	Princeton University, Princeton, NJ









Competitions

SUMMER 2020 SPORTS

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Swimming Area 1 & 12	TBD	YMCA East Rutherford, East Rutherford, NJ
Swimming Area 2 & 9	3/14	Montclair YMCA, Montclair, NJ
Swimming Area 3	TBD	Lakeland YMCA, Mountain Lakes, NJ
Swimming Area 4	3/24	Hunterdon County YMCA, Flemington, NJ
Swimming Area 5	4/5	Raritan Bay YMCA, Perth Amboy, NJ
Swimming Area 6 & 11	TBD	Ocean County YMCA, Toms River, NJ
Swimming Area 7 & 8	TBD	Atlantic City High School, Atlantic City, NJ
Swimming Area 10	3/6	Montgomery High School, Montgomery, NJ
Swimming Area 13	TBD	Rowan College at Burlington County, Pemberton, NJ
Track and Field Area 1	TBD	Bruin Stadium - Braddock Park, North Bergen, NJ
Track and Field Area 2 & 12	TBD	PCTI, Wayne, NJ
Track and Field Area 3	TBD	Hackettstown High School, Hackettstown, NJ
Track and Field Area 4	TBD	TBD
Track and Field Area 5	TBD	Old Bridge High School, Matawan, NJ
Track and Field Area 6	5/9	Long Branch High School, Long Branch, NJ
Track and Field Area 7	TBD	Pennsauken High School, Pennsuaken, NJ
Track and Field Area 8	TBD	Stockton University, Galloway, NJ
Track and Field Area 9	5/6	Brookdale Park, Bloomfield, NJ
Track and Field Area 10	5/2	Basilone Field, Bridgewater, NJ
Track and Field Area 11	5/3	West Windsor High School North, West Windsor, NJ
Track and Field Area 13	TBD	Cherokee High School, Marlton, NJ
Softball League (Saturdays)	4/4 – 5/16	Mercer County Park, West Windsor, NJ
Bocce - North - Sectional	4/26	PCTI, Wayne, NJ
Bocce - Central - Sectional	5/3	SONJ Sports Complex, Lawrenceville, NJ
Bocce - South - Sectional	4/19	TBD
Gymnastics Sectional	5/3	Schafer Sports Center, Ewing, NJ
Powerlifting Sectional	4/18	SONJ Sports Complex, Lawrenceville, NJ
Swimming - North - Sectional	4/26	PCTI, Wayne, NJ
Swimming - Central - Sectional	4/19	Peddie School, Hightstown, NJ
Swimming - South - Sectional	4/26	GCIT, Sewell, NJ
Swimming - East - Sectional	5/3	Raritan Bay YMCA, Perth Amboy, NJ
Tennis - North - Sectional	4/26	PCTI, Wayne, NJ
Tennis - South - Sectional	4/18	RiverWinds, West Deptford, NJ
Summer Games	6/5 – 6/7	The College of New Jersey, Ewing, NJ
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Special Events

One More Tri	9/8	Boardwalk, Asbury Park, NJ
LETR Golf Classic	9/10	Pebble Creek, Colts Neck, NJ
PIANJ Golf Classic	9/23	Spring Lake Golf Club, Spring Lake, NJ
LETR Plane Pull	9/28	Newark Liberty International Airport, Newark, NJ
Garden State Unified Golf Classic	9/30	Tavistock Country Club, Haddonfield, NJ
Bike SONJ: Ride for Inclusion	10/26	Skillman Park, Montgomery Township, NJ
Unified 5K Run	11/2	Inspira Medical Center, Mullica Hill, NJ
LETR Thanks4giving Plunge & 5k	11/16	Grand Arcade, Asbury Park, NJ
SONJ Awards Dinner	11/22	Hilton East Brunswick, East Brunswick, NJ
Jingle All The Way 3K®	12/8	SONJ Sports Complex, Lawrenceville, NJ

Snowflake Shuffle	1/4	Stockton University, Galloway, NJ
LETR Polar Bear Plunge at Wildwood	1/11	Wildwoods Convention Center, Wildwood, NJ
Players Development Academy Soccer Marathon	Feb TBD	Zarepath/Westampton/Toms River, NJ
LETR Polar Bear Plunge at Seaside Heights	2/22	Beach at Spicy Cantina, Seaside Heights, NJ
NY Football Giants Snow Bowl	3/6 – 3/8	MetLife Stadium, East Rutherford, NJ
Wildwoods Boardwalk Spring 5K	3/28	Wildwoods Convention Center, Wildwood, NJ
RunAPalooza	4/4	Asbury Park, NJ
LETR Lincoln Tunnel Challenge 5K	Apr TBD	Lincoln Tunnel, Weehawken, NJ
The Perlman Cup	5/4	Forsgate Country Club, Monroe Township, NJ
Delta Dental Golf Classic	5/15	Essex Fells Country Club, Essex Fells, NJ
Law Enforcement Torch Run for SONJ	6/5	statewide
NJ Young Insurance Professionals Fun Run	6/9	Harrah's Resort & Casino, Atlantic City, NJ
The Higgins Classic	6/22	Fiddler's Elbow Country Club, Bedminster, NJ
LETR Statue of Liberty 5K	7/4	Liberty Island, Liberty State Park









Partners

CHAMPION



DIAMOND













PREMIER















Partners

PLATINUM





























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Amerigroup RealSolutions
Bayer Foundation
BlackRock
Bristol-Myers Squibb
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The Metro NY/NJ Spa and Pool Association Inc.
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BRONZE

Rutgers Athletics

Let me win. But if I cannot win, let me be brave in the attempt.

- Athlete Oath -

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