



2020 Unified Cup School Bowling Tournament

Middle schools that participate in Special Olympics New Jersey's Unified Champion Schools program are eligible to take part in the Unified Cup School Bowling Tournament. This tournament brings together schools from around New Jersey to offer a state-level competition to club-based Unified Sports programs.

The 2020 Unified Cup School Bowling Tournament is scheduled to be held at Bowlero in North Brunswick on Saturday, March 8, 2020 from 9:00 a.m. – 12:30 p.m.

Middle schools may send up to <u>THREE</u> teams. See *Team Composition* and *Player Eligibility* below to make sure your teams meet all the criteria.

Space is limited and teams will be entered into the tournament on a first-come-first-serve basis, so register as early as possible! The registration deadline is <u>Monday, February 17, 2020</u> or until all the spots are full – whichever comes first.

Registration Packet Contents

Please review all of the information provided in this packet carefully. The contents appear in order as follows:

- 1. Registration instructions and requirements (2 pages)
- 2. Unified Cup Bowling Rules and Regulations (2 pages)
- 3. Unified Sports Participation Form (2 pages)

Registration Instructions

- 1. Go to https://www.tfaforms.com/4758813 to access the registration form
- 2. Enter your school name. This will be your team name.
- 3. Enter your school colors (ex: blue & gold). We use this information to design your uniform shirts
- 4. Enter all head coach and assistant coach information
 - a. Once teams register, all information will be sent directly to the coaches
- 5. List each player's first and last name, role on the team (athlete or partner), bowling average and t-shirt size
 - a. If any of your bowlers uses a ramp to bowl, please indicate that information next to his or her name
 - b. Special Olympics New Jersey will provide a uniform shirt for all players as well as a coach shirt for all coaches
- 6. Enter the TEAM average (add each bowler's individual average, then divide by 5)
- 7. If you have any bowlers who use a wheelchair, please list that information in the "notes" section

Team Composition

All Unified bowling teams may consist of up to five bowlers: 3 competitors + 2 subs The three students competing can be comprised of:

1 student with an intellectual disability (athlete) and 2 students without disabilities (partners)

2 students with intellectual disabilities and 1 student without. One of these two ratios must be maintained at all times during competition. Teams may be boys, girls or co-ed.

Player Eligibility

- <u>All</u> team members must complete the Unified Sports Participation Form
 - This form is the final two pages of this packet

Coach Eligibility

Any person serving in a coaching role for the Unified Cup must complete the following on or before Monday, March 2nd, 2020:

- Class A Volunteer Form
- Protective Behaviors online course
- Concussion Training
 - Must be completed by at least one coach on the team, preferably the head coach
- NFHS Coaching Unified Sports course
 - Must be completed by at least one coach on the team, preferably the head coach
 - Only needs to be completed once valid indefinitely

All of the above requirements are free of charge and valid for 3 years from the date of completion, unless otherwise noted.

Scratch Fee

Registering your team for the Unified Cup Championship indicates a commitment to participate in the tournament. Therefore, any team that drops from the tournament after Monday, March 2nd may be subject to a \$100 scratch fee that will be deducted from your Unified Champion School grant funds.

Unified Cup Bowling questions should be directed to Jess Stevenson, Unified Sports Coordinator at Special Olympics New Jersey. Email: jns@sonj.org or phone: 609-896-8000 x286

2020 Unified Bowling Rules and Regulations

- Competition will follow United States Bowling Congress (USBC) rules unless rules are in conflict with the Official Special Olympics Sports Rules. In such case, the Official Special Olympics Sports Rules shall apply.
- 2. The Baker Format will be used for this competition Unified teams will bowl a total of 6 games, with bowlers alternating frames during each game.
- 3. Games/Winner: The winner of the meet will be decided by total pinfall. This means that the total score from all 6 games for each team is added together and the team with the most pins wins the event.
- 4. Bumpers ARE NOT used at any level of Special Olympics New Jersey's competitions.
- 5. Order: The bowling order (bowler 1, bowler 2, bowler 3) for Baker is set each game (1 game = 10 frames). Coaches may change their order from one game to another. However, the athlete must always be bowler 1 and bowl four frames in each game (frames 1, 4, 7, 10).
- 6. Substitutions: A coach may substitute players at any time (frame) during the game. Once a player has been substituted for, he/she may not re-enter the current game. Substitutions must keep the original team composition in place (Athlete/Athlete, Partner/Partner).
- 7. Lanes: All team members bowl on the same lane. After three games, teams shall switch lanes with one another for equal competition. In an effort to stay on the same schedule, teams shall not start a new game until their opponent has finished their current game.
- Bowlers are encouraged to wear casual slacks for males and skirts or slacks for females. Jeans
 and warm-up suits are permitted but not preferred. Athletes may <u>not</u> wear hats when
 competing.
- 9. Each school should have a coach attending each level of competition that their athletes have qualified for. If you have a concern that your coach is unable to attend the bowling competition, then the Tournament Director should be notified.
- 10. Coaches are not permitted on the lanes during competition. Coaching will be permitted in a designated area.
- 11. All scoring discrepancies should be reported to the score monitor or the event director.

FOUL LIGHTS:

- 1. Foul lights will be on at all times.
- 2. If any part of an athlete's body touches or goes across the foul line, this is considered a foul.
- 3. If an athlete walks across the foul line and releases the ball, this is considered a foul.
- 4. If an athlete does not crossover or touch the foul line but releases the ball and his/her arm is over the foul line, this is <u>not</u> declared a foul.

- 5. When a foul occurs on the first ball of a frame, an "F" should be placed in the box (pins down will not count) and the pins will be re-racked. The number of pins down on the second ball will be scored.
- 6. When a foul occurs on the second ball of a frame, an "F" should be placed in the box and the pins knocked down will not be scored for that ball. Pins for the first ball will count.
- 7. If the first delivery of the ball is a foul and the second delivery knocks all the pins down, then a spare will be scored.

ASSISTED RAMP:

- 1. An athlete who is considered to be an assisted ramp bowler is one who aims a ramp with the assistance of a volunteer.
- 2. An assistant/volunteer may aim the ramp toward the pins, but must at all times have his/her back to the pins and aim based on direction (either verbal or physical cues) from the athlete.
- 3. The athlete positions the ball on the ramp with assistance and pushes the ball toward the target.
- 4. If an athlete cannot push a ball down the ramp independently, then he/she is not ready for Special Olympics bowling competition.

UNASSISTED RAMP:

- 1. The athlete aims the ramp into position without assistance.
- 2. The athlete positions the ball on the ramp with assistance and pushes the ball down the ramp toward the target.
- 3. An assistant must have his/her back to the pins at all times.
- 4. The only responsibility a volunteer has that is assigned to lanes for unassisted ramp bowlers, is to retrieve an athlete's ball from the ball return and watch pins drop to ensure the scoring machines are correct. A volunteer may hold the ramp steady.



Unified Participant General Instructions

- 1. Use a black pen only.
- 2. Complete all portions of this form. Unified Participants will NOT be allowed to participate in Special Olympics New Jersey events until the form is fully completed.
- 3. The form is only valid for one competition year.
- 4. Release & Waiver must be signed by either the Unified Participant or Parent/Legal Guardian (if under age 18).
- 5. Send original copy to Special Olympics New Jersey office. You may want to make additional copies prior to sending original.



Unified Sports Participation Form



PLEASE PRINT CLEARLY USING BLACK PEN ONLY. COMPLETE IN ITS ENTIRETY.

	UNIFIED PARTIC	CIPATIC	N: □College	☐High School	☐Middle School	□Other
PARTICIPANT INFORMATION	SCHOOL NAME:					
NAME:				SEX: □ 1	M □ F AGE:	
ADDRESS:					F BIRTH:	
CITY:					(DAY):	
EMAIL:					(EVE):	
ENTAIL.				FIONE	(EVE)	
IF UNDER AGE 18, PARENT OR LEGAL GUA	ARDIAN MUST COMPLET	E THE FO	LLOWING:			
NAME:			EMAIL:			
ADDRESS:			PHONE (D	OAY):		
CITY:STATE	:ZIP:		PHONE (E	VE):		
EMERGENCY CONTACT						
	NAME:			RELATIONSHIP:		
PHONE (DAY):	PHONE (EVE):					
	HEALTH AND ACC	CIDENT	INSURANCE	INFORMATION		
COMPANY NAME:			_ PHONE:			
POLICY #:						
PLEASE CHECK ANY OF THE FOLLOWING	THAT APPLY					
	YES	NO	COMMENTS			
Allergies						
Diabetes						
Heart/Blood Pressure Problems Seizures						
Recent Contagious Disease or Hepatitis						
Bleeding Problem						
Other	u	_				
		30 DEL E				
	SPECIAL OLYMPIC	S RELE	EASE & WAIVE	R OF LIABILITY		
PARTICIPATION: In consideration of participating serve and abide by the rules of Special Olympics Nestand the event involves risks of serious bodily injuryplace. I fully accept and assume all such risks and	ew Jersey and that I (or my min which may be caused by my o	nor child) a wn actions o	m qualified, in good lor inactions, the action	health and in proper physic ns of others participating in	cal condition to participate i the event, or by conditions	in events. I fully under in which the event take
CONSENT TO TREATMENT: I authorize such pl sary, or take the above-named participant to the em for the well-being of such participant. It is understood	ergency room of the nearest ho	spital, and l	I further authorize the	e hospital and its medical s	taff to provide treament den	nmed necessary by then
RELEASE OF CLAIM: I (or my minor child) release, inc Unified Sports participants, sponsors, advertisers, and if a demands, costs, or damages that I (or my minor child) ma behalf makes a claim against any of the Releasees, I will ind	pplicable, any owners and lessors of ny incur as a result of participation	premises on n Unified Sp	which the activity takes ports events and further a	place from all liability, any loss agree that if, despite the "Relea	es, claims (other than that of the ase and Waiver of Liability" agi	e medical accident benefit) reement, I or anyone on m
PERMISSION TO PUBLISH: I grant Special Olympics	permission to use my likeness, vo	ice, and wor	rks in television, radio,	film, or any other media to p	romote the activities of Specia	al Olympics.
I have read this "Release & Waiver of Liability", ASSUM by signing it and have signed it freely and without any in that if any portion of this agreement is held to be invalid	nducement or assurance of any na	ture and inte	end it be a complete and			
		D	ate:			
Signature of Unified Sports Participan	t	D	aic			
5						

Date: _

Signature of Parent/Guardian (if minor child)