

Ingredients:

- Apples
- yogurt
- nut butter
- granola
- honey
- chocolate chips (optional)

Directions:

1. Take a nicely washed apple and cut it into thin flat slices.
2. Using an icing tip or spoon carve the middle seeds out.
3. Spread your choice of nut butter or yogurt on top of the apples.
4. Top with granola, honey or chocolate chips.