

# SPECIAL OLYMPICS

## COACH WEBINAR SERIES 2022

Webinar 1:

# Coaching Mixed Ability Athletes

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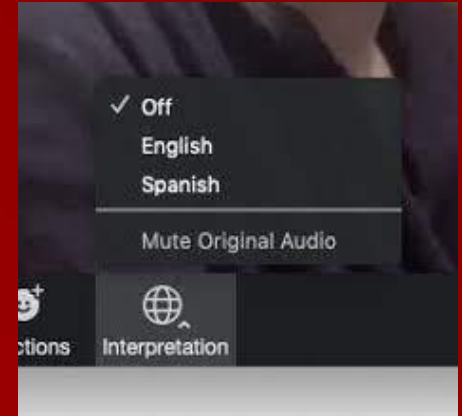
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# Simultaneous Interpretation

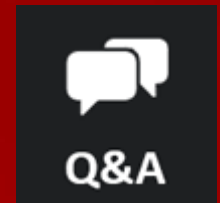
This webinar offers simultaneous interpretation in English, Spanish, French, Arabic, Chinese, and Russian

- Select the 'Interpretation' button at the bottom of the screen
- Select language



## Q&A

Please ask any questions you have in the Q&A section



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#THANKSCOACH

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**A MESSAGE FROM BART CONNER,  
OLYMPIC GOLD MEDALLIST,  
SPECIAL OLYMPICS BOARD MEMBER**





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# Yuchi Huang



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# Discussion

1. Role of a Coach
  - Coaches' Responsibility
  - Coaches' Code of Conduct
  - Coaching Philosophy
2. The Team
  - Recruitment & Selection
  - Team Culture (Player Management & Communication)
  - Positive Image → Changing Perception
  - Sense of Belonging + Social Inclusion
3. Coach Education & Development

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## (1) Role of a Coach



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## **(1) Role of a Coach**

### Coaches' Responsibility

- Teaching sports skills + life skills + mental skills
- Athletes' well-being (i.e. checking-in)
- A positive sports experience
- Science + Art
- Stay Passionate

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## **(1) Role of a Coach**

### Coaches' Code of Conduct

- Respect for Others
- Ensure a Positive Experience
- Act Professionally and Take Responsibility for My Actions
- Quality Service to the Athletes
- Health and Safety of Athletes

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## **(1) Role of a Coach**

### Coaching Philosophy

- Playing time for all athletes > Results
- Reward Effort and Commitment during training
- Opportunity to play, express yourself

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## (2) The Team



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## **(2) The Team**

### Recruitment & Selection

- Outreach Programme
- Local / National Competitions
- Selection Trials
- Training
- Observations
- Consultations + Working with Stakeholders

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## (2) The Team

### Recruitment & Selection



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## **(2) The Team**

### Team Culture (Player Management & Communication)

- Trust
- “On the same page”
- Sense of Purpose
- Open Communication with players and officials
- Friend Vs Coach

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## (2) The Team

### Team Culture (Player Management & Communication)



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## **(2) The Team**

### Positive Image → Changing Perception

- “Swagger” / “Style” / Belief / Confidence
- Play the Right Way
- Sportsmanship
- To be a Change Agent / Role Model
- Individual Performance → Team Performance

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## **(2) The Team**

### Sense of Belonging + Social Inclusion

- Overseas Competition & National Representation
- To be Good Ambassadors of Football, Special Olympics, Singapore

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## (2) The Team

**LET ME WIN. BUT IF I CANNOT WIN,  
LET ME BE BRAVE IN THE ATTEMPT.  
MAJULAH**



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## (3) Coach Education & Development



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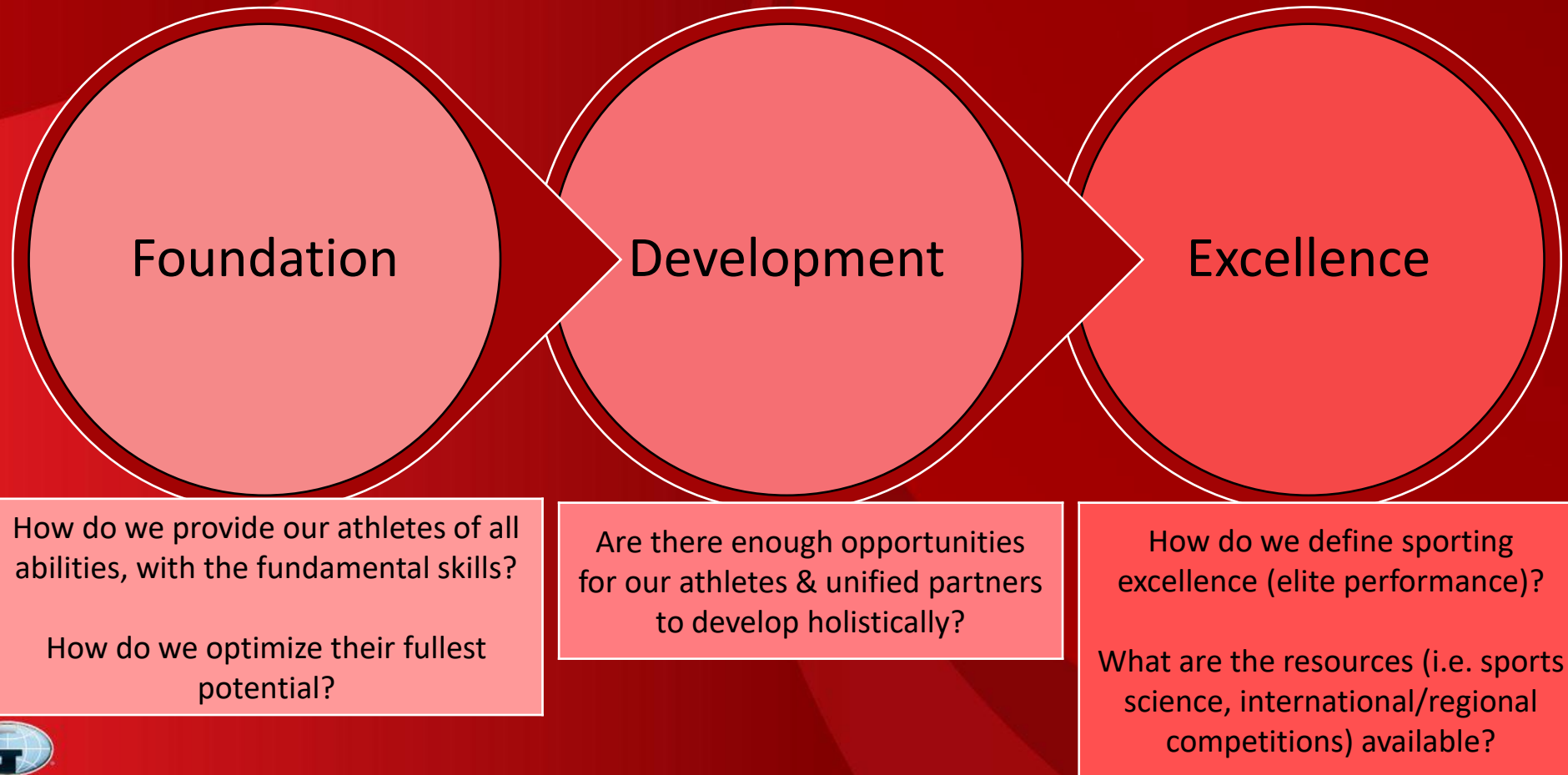


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## **(3) Coach Education & Development**



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## **(3) Coach Education & Development**

- Learning & Training
- Employment, Career Opportunities & Progression
- Recognition

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# Thank You

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# Christin Santiago



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# Coaching Mixed Ability Athletes

Christin Santiago, CTRS  
Special Olympics MA Hall of  
Fame 2019

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# Building Success

- Defining “Winning”
- Defining Goals/Benchmarks
- Defining your “trademarks”
  - Us and We, not I and Me
- Expectations
- Athletes vs. Players
- Coaching
  - Be a Role Model
  - Build Skills
  - Life Skills
  - Validation
  - Empathy
- Creating a Culture of Success
  - Uniforms
  - Tools/Equipment
  - Traditions

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Thank you!

Christin Santiago  
[Christin.santiago99@gmail.com](mailto:Christin.santiago99@gmail.com)



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# Q&A

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# SPECIAL OLYMPICS COACH WEBINAR SERIES 2022



ICOACHKIDS is committed to increasing enthusiasm for movement and the holistic development of children in sport.

The conference programme has been specially designed to support these aims, with coaches and scientists from all over the world expected to attend. Together we will experience two exciting days full of keynotes, workshops and discussions around children's and youth sport.

The conference will be held mainly in English. A participation fee of 75€ will be charged to cover the costs for meals, the evening programme and onsite Covid 19 testing.

The costs for accommodation and travel must be organised and paid by the participants themselves.

If you have any questions, please do not hesitate to contact us at [ICOACHKIDS@dsj.de](mailto:ICOACHKIDS@dsj.de).

We are looking forward to seeing you!

The ICK Events Team

6<sup>th</sup> Annual  
ICOACHKIDS  
Conference

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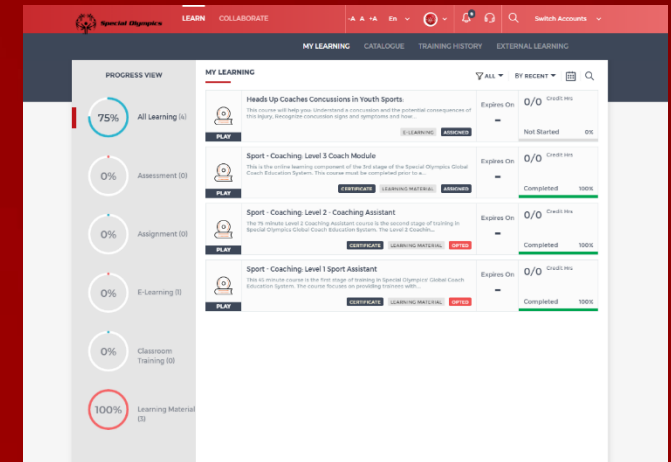
NEW  
Coach Webinar  
Series Dashboard

Unified Sports Resource Page  
Divisioning Resource Page  
Young Athletes Resource Page

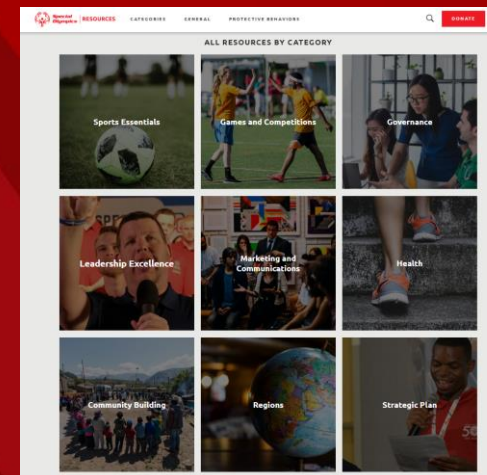


# Resources:

## Online Learning Portal



## Unified Coaches Course





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## COACH WEBINAR SERIES 2022

Nominate a Youth Coach to be an ICK  
Champion

**Start**

press Enter ↵

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**I  
COACH  
KIDS**

# Coaching Research Opportunity:

## **Title of Study:**

Exploring Coaching in Special Olympics

## **Who will conduct the study?**

### **Study Team**

**Principal Investigator:** Miss Amy Elizabeth Hardwick  
(PhD Student), Liverpool John Moores University  
Email: [a.e.hardwick@2020.ljmu.ac.uk](mailto:a.e.hardwick@2020.ljmu.ac.uk)

## **The inclusion criteria is as follows:**

- Holds a recognised coaching position within a club, school or community organisation under the remit of Special Olympics
- Provides coaching regularly to an individual or a group within a recognised sport
- Has undertaken some form of sport coaching education or qualification
- Can speak and understand English
- Coach an athlete willing to take part in the study (they will need to speak and understand English and will be asked to take part in at least one interview)

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## COACH WEBINAR SERIES 2022

**Next Webinar:**

# The Coach-Athlete Relationship

International Athlete & Unified Partner Panel

Wednesday 05<sup>th</sup> October

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The poster for the Coach Webinar Series features a white background with red and grey abstract shapes. At the top, the Special Olympics logo and the Gallagher logo (Insurance | Risk Management | Consulting) are displayed. The title 'Coach Webinar Series' is in large black font, followed by 'ATHLETE PANEL DISCUSSION' and 'WHAT WE WANT FROM OUR COACHES' in white text on a red background. The date 'OCT 05' and 'FREE' are prominently shown. A list of languages (English, Spanish, French, Arabic, Chinese, Russian) and the time (15:00 CET/9:00 EST) are provided. Below, circular portraits of the panelists are shown: Kiera Byland BEM (Host, Athlete Leader), Angel Rios (Unified Partner), Boniface Kimeu (Football Player), Joshua Agare (Handball Coach), and Yang Yihong (Tennis Player). A 'Register Now' button is at the bottom.

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## Coach Webinar Series

**ATHLETE PANEL DISCUSSION**  
**'WHAT WE WANT FROM OUR COACHES'**

**OCT 05**

**FREE**

- 15:00 CET/9:00 EST
- Available in English, Spanish, French, Arabic, Chinese, Russian

**Kiera Byland BEM**  
Host  
Athlete Leader

**Angel Rios**  
Unified Partner

**Boniface Kimeu**  
Football Player

**Joshua Agare**  
Handball Coach

**Yang Yihong**  
Tennis Player

**Register Now**

# THANK YOU

See you next week

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