## PROGRAM LEADERSHIP CONFERENCE AGENDA

NOVEMBER 19, 2022 8:30 A.M. - 2:00 P.M.

8:30 - 8:55

CHECK-IN

8:55 - 9:00

WELCOME IN EKS

9:00 - 9:25

KEYNOTE SPEAKER

Paul Arohnson, New Jersey **EKS** Ombudsman

Public access and customer service for individuals with intellectual and developmental disabilities and families

9:30 - 10:15

 UNDERSTANDING DISABILITIES: **Techniques & Application to Coaching** 

Susan Colacello (SONA), Marla Napurano (Area 5 Coach) & Joanne EKS Monaco (Field Services Director)

> Working with individual athletes and teams and determining their specific need related to sport.

10:20 - 10:55

FAMILY ENGAGEMENT

Olivia Feriozzi (Team NJ Track EKS Coach), Megan Lipski (Team NJ Soccer Coach) & Shannon Schafer (Team NJ Gymnastics Coach)

> Communicating with families related to team expectations, codes of conducts, and ways to engage during the sport seasons.

10:55 - 11:05

**BREAK - 10 minutes** 

11:05 - 11:45

**BREAKOUT 1: FITNESS AND** YOUNG ATHLETES (select one)

EKS

1. TRAINING YOUR ATHLETES with **Anthony Notaroberto**. RWJBarnabas Health

2. YOUNG ATHLETES COACHING & **GYM** CURRICULUM with Brianna Santoro.

Young Athletes & Health Manager

11:45 - 12:30

 LUNCH & LEARN: 2022 USA **GAMES ATHLETE COACHES** 

Eat lunch and hear from Courtney **EKS** Dreyfus (swimming) and Colleen Ciecura (bowling), two Team New Jersey athlete coaches.

12:30 - 1:15

**BREAKOUT 2: HEALTH & YOUNG ATHLETES (select one)** 

EKS HEALTH DISCIPLINES with Amelia **Hamilton,** Health Programs Director and special word from Wendy F. Aita, PhD - Co-Director, Rowan Integrated Special Needs Center

1. HEALTH & WELLNESS - SONJ

2. PROGRAM DEMONSTRATION

GYM with Brianna Santoro, Young Athletes & Health Manager

1:20 - 2:00

**BEYOND COACHING: FURTHER OPPORTUNITIES WITH SONJ** 

Natalie Hatrak (SONJ Committee), **Della Porter** (SONJ Sports Director), and Stephanie Johnson EKS (Area 10 Director)

> Ways to get involved in SONJ outside of coaching - volunteering, committees, site coordinators, arealevel involvement, and more.

- **ZOOM ROOM OPTION:** 
  - Meeting Registration

Join the Program Leadership Conference remotely via Zoom.

Conference Contact Information:

- Jess Stevenson, Program Manager JNS@sonj.org
- Brianna Santoro, Young Athletes & Health Manager - BSS@sonj.org
- Amelia Hamilton, Health Programs Director -ARH@sonj.org
- Amy Simmons, Director of Program -AJS@soni.ora
- Joanne Monaco, Field Services Director -JDM@sonj.org
- Shantel Fair, Volunteer Manager SMF@sonj.org

Rooms

EKS - Eunice Kennedy Shriver Conference Room

Special **Olumpics** 



GYM - Gymnasium