

# COACH CONFERENCE AGENDA

NOVEMBER 19, 2022  
8:30 A.M. - 2:00 P.M.

8:30 - 8:55

- **CHECK-IN**

8:55 - 9:00

- **WELCOME IN EKS**

9:00 - 9:25

- **KEYNOTE SPEAKER**

Paul Arohson, New Jersey

**EKS** Ombudsman

*Public access and customer service for individuals with intellectual and developmental disabilities and families*

9:30 - 10:15

- **UNDERSTANDING DISABILITIES: Techniques & Application to Coaching**

Susan Colacello, Marla Napurano & Joanne Monaco

**EKS**

*Working with individual athletes and teams and determining their specific needs related to sport.*

10:20 - 10:55

- **FAMILY ENGAGEMENT**

Olivia Feriozzi, Megan Lipski & Shannon Schafer

**EKS**

*Communicating with families related to team expectations, codes of conducts, and ways to engage during the sport seasons.*

10:55 - 11:10

- **BREAK**

11:10 - 11:45

- **BREAKOUT 1: FITNESS AND YOUNG ATHLETES (select one)**

**EKS** %'HF5-BB; MCI F 5H<@9H9Gwith F >`  
DJYhfi WU/ '5bh\cbmBchUfcVYfhcž  
FK >6UfbUVUg<YU'h`

**GYM** &"MCI B; '5H<@9H9G7C57<=B; /`  
7I FF =7I @ A with 6f]UbbU'GUbhcf,`  
Mti b[ '5h\`YhYg/` <YU'h` A UbU[ Yf

12:55 - 2:00

- **LUNCH: 2022 USA GAMES ATHLETE COACHES**

**EKS** Eat lunch and hear from Courtney Dreyfus (swimming) and Colleen Ciecura (bowling), two Team New Jersey athlete coaches.

12:55 - 2:00

- **BREAKOUT 2: HEALTH & YOUNG ATHLETES (select one)**

**EKS** HEALTH & WELLNESS SONJ HEALTH DISCIPLINES with Amelia Hamilton, Health Pfo[ famgDifeWof` and special word from Wendy F. Aito, PhD - Co-Director, owan nte rated special needs Center

**GYM** . MCI B; '5H<@9H9G=A D57H/`  
DFC; F 5A '89A CBG=F 5HCB with  
6f]UbbU'GUbhcf,`Mti b[ '5h\`YhYg/`  
<YU'h` A UbU[ Yf

1:30 - 2:30

- **BREAKOUT 3 TOPIC: HEALTH AND SAFETY (SELECT ONE)**

**LIB** 1. NUTRITION with Karen Basedow, Barnabas Health Registered Dietitian

**EKS** 2. CONCUSSION with Mark Lovell, ImPACT Applications, Inc. Chairman and Chief Scientific Officer

2:35 - 3:20

- **SPECIAL TOPIC: UNIFIED SPORTS**

Additional athlete involvement opportunities in schools, leagues and state programs through the three levels of available Unified sports play

3:30 - 4:00

- **POST-CONFERENCE SESSION: YOUNG ATHLETE PROGRAM COACHING (OPTIONAL)**

**LIB** Learn how to start a new YAP Program in your LTP and how YAP coaching techniques differ from competitive coaching techniques

