

Learn lifesaving techniques during our Free CPR Month Training in February

FAMILY & FRIENDS CPR Adult/Child

This program teaches you how to perform CPR on adults, or children, and how to help an adult, or child who is choking.

This course is designed for family members, friends and members of the general community who want to learn CPR but do not need a course completion card.

The American Heart Association strongly promotes knowledge and proficiency in BLS, ACLS and PALS and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the American Heart Association. Any fees charged for such a course, except for a portion of fees needed for AHA course material, do not represent income to the Association.

Princeton Health Community Wellness offers a variety of classes and programs to promote health and wellbeing for individuals of all ages.

FIND A CLASS www.princetonhcs.org/calendar 1.888.897.8979

TUE. February 25 6 – 7:30 pm

LOCATION

Special Olympics New Jersey 1 Eunice Kennedy Shriver Way Lawrenceville

GPS ADDRESS 3 Princess Road, Lawrenceville

REGISTRATION

www.tinyurl.com/3mefyape 1.888.897.8979